



Nashua Silver Knights Skills Clinic & Field Days Readiness Plan

The Nashua Silver Knights look forward to hosting the Skills Clinic & Field Days this fall in a responsible and safe manner. Set forth below is the Silver Knights organization's tailored plan at Holman Stadium. In addition to CDC guidelines, the State of New Hampshire recommends the Day Camp industry establish measures to protect participants and staff. This plan has been and will continue to be informed by policies and regulations from local, state, and national agencies; guidance and input from medical and public health professionals; as well as industry best practice.

While the risks of operating are addressed in the plan below, the advantages presented by the Silver Knights Skills Clinic & Field Days at Holman Stadium include:

- Being an outdoor venue
- Having spacious dimensions allowing ample social distancing between participants
- Providing important experiences and learning opportunities for children in the Greater Nashua area

General Guidance:

1. All staff will wear face masks over their nose and mouth. A cloth face covering is encouraged to be worn when in close contact with other staff or participants.
 - a. Training on face masks will be provided to all staff based on CDC guidance.
2. All adults dropping children off are asked to wear a face mask over their nose and mouth when at Historic Holman Stadium and public spaces where other individuals are present when social distancing is not possible.
3. Participants will be encouraged to bring a mask to Holman Stadium to wear when social distancing is not possible but masks are not required to wear.
 - a. Masks on children are not recommended by the American Academy of Pediatrics as the mask tends for children to touch their face more often and can create problems for children with breathing issues such as asthma while they are engaged in active play.
4. Staff and participants will practice frequent hand hygiene:
 - a. Wash hands often with soap and water for at least 20 seconds.
 - b. Alcohol-based hand sanitizer will be readily available to staff and participants.
 - c. Young participants will be supervised to ensure they are washing/sanitizing hands correctly.
5. Participants and staff will be advised to avoid touching their eyes, nose and mouth with unwashed hands.
6. Participants and staff will be reminded to maintain a distance of at least 6 feet from others whenever possible.

NASHUA SILVER KNIGHTS BASEBALL CLUB



Employee Guidance:

1. Staff will be provided education and training around safe practices as it relates to hand hygiene, sanitation, and illness policies as outlined in the NH Universal Guidelines.
2. Staff will be screened for symptoms of COVID-19 before the start of each day, including having their temperature taken.
3. All staff are required to report any symptoms of COVID-19 or close contact to a person with COVID-19 to supervisors and will not be allowed to work if symptoms are present.

Business Process Guidance:

1. Nashua Silver Knights policies will be communicated to staff, families and participants about COVID-19 health and safety practices at Holman Stadium.
2. Non-essential visitors and volunteers will be restricted from Holman Stadium during skills clinic and field days hours.
3. Participants and staff will be screened daily on arrival to Holman Stadium with the following questions:
 - a. Do you have any symptoms of COVID-19 or fever of 100.4 degrees F or higher?
 - b. Have you had close contact with someone who is suspected or confirmed to have COVID-19 in the past 14 days?
 - c. Have you traveled internationally in the last 14 days?
4. Persons with any COVID-19 symptoms, those who report close contact with someone suspected or confirmed with COVID-19, or those reporting travel risk factors will be instructed to leave the premises immediately and to seek medical advice. Persons will be permitted to return once cleared by a doctor or based on CDC guidelines.

Pick-up and Drop-off (see diagram below):

1. Participants will be dropped off at the designated visitors gate (Star 1) along the third base side and greeted by a staff member who will take their temperature and check them in. Please use the Sargents Ave entrance into the parking lot. Parents are encouraged to stay outside of the gates of the stadium.
2. Participants will be picked up at the gate (Star 2) along the first base side of the field. Parents are asked to have their child's last name on their windshield to expedite the pick-up process. Participants names will be called by staff as their ride arrives. This will help limit direct contact between parents. Please use Artillery Lane to exit the stadium.
3. Participants' belongings, including equipment, water bottles and bags, will be clearly marked with their names and will be kept separate from others' belongings.
4. Participants will be instructed and remind not to share any of their belongings, food or beverages with other participants.

NASHUA SILVER KNIGHTS BASEBALL CLUB



Social Distancing Strategies:

1. Staff and children will be divided into small groups of no more than 10 people total, including participants and staff.
2. The small groups will navigate the field and stadium together and there will be no overlap of groups within an activity area.
3. Participants will not move between groups during the week.
4. Seating and activities will be places at least 6 feet apart, whenever possible.

NASHUA SILVER KNIGHTS BASEBALL CLUB



Activities:

1. Each participant is asked to bring their own equipment when possible.
2. Activities and skill development will be designed to allow for social distancing.
3. Any Silver Knights equipment and supplies will be cleaned and disinfected after each use.

Cleaning and Disinfection Procedures:

1. Hand sanitizing stations will be available for participants and staff as they arrive at Holman Stadium.
2. Additional hand sanitizing stations will be added around the field.
3. Restrooms will be cleaned before and after each day:
 - a. High-tough surfaces will be disinfected throughout the day
 - b. Every other sink will be marked closed to allow for social distancing
 - c. Signage will encourage proper hand washing techniques
4. All cleaning materials will be kept secure and out of the reach of participants
5. All equipment supplied by the Silver Knights will be cleaned and disinfected after each use. Disinfectant wipes will be available for participants to clean their own equipment.